

“Built-in” Difficulties & Dilemmas

Some difficulties & dilemmas are specific to particular worker’s habits or skills or to particular relationships. Look past these difficulties to...

...difficulties or dilemmas that come up regularly.

Workers with different personalities & skills commonly face some version of these difficulties –they seem to “come with the territory.” Workers can cope in better or worse ways, but they can’t avoid them entirely.

List some of the common difficulties & dilemmas that face most direct support workers. Then pick 3 to discuss further.

Difficulty/
Dilemma

Sources

Consequences
of Poor Coping

Usually Effective
Strategies

To staff

To the people
we support

To the
organization