



common knowledge

RETHINKING THE FUTURE 2

A LEADERSHIP DEVELOPMENT PROGRAMME

LOOKING AT WHAT WE THINK IS POSSIBLE FOR DISABLED ADULTS - AND MAKING IT HAPPEN

THIS COURSE IS FOR DISABLED ADULTS AND PARENTS, CARERS OR SIBLINGS WHO HAVE DISABLED RELATIVES OVER THE AGE OF 19 IN THEIR FAMILY

contact
Common Knowledge
for an application form
tel. 0141 945 8046

WHO IS

RETHINKING THE FUTURE 2 FOR?

Rethinking the Future is a leadership development programme designed for both disabled adults themselves and family members with a disabled adult over the age of 19 years.

When we talk about family members we are including parents, siblings and carers. The disabled adult must be over 19 years of age.

When we use the term disabled we mean anyone with a physical impairment, sensory impairment or learning difficulty.

The course is designed for people who are frustrated by the current service systems and who want to work to create a more inclusive and meaningful life for all disabled adults. It is aimed at people who want to play an active part in the change process.

WHAT IS

RETHINKING THE FUTURE 2 ABOUT?

The course consists of 6 Saturday sessions between 2 November 2002 and 22 February 2003. Over the four months we will cover a range of topics including: housing options, direct payments, supported living, supported employment, wills, trusts and financial planning and building connections with the local community.

COMMON KNOWLEDGE

Common Knowledge is a partnership between people with a learning difficulty, families, statutory and voluntary sector organizations, further education colleges and social inclusion Partnerships.

The project is managed by SHS Trust and jointly funded by the European Social Fund and the Glasgow Learning Disability Partnership.

THIS INFORMATION IS AVAILABLE IN DIFFERENT FORMATS PLEASE CONTACT US FOR DETAILS OR VISIT THE WEB SITE
WWW.CKGLASGOW.ORG.UK



DATES AND PROGRAMME

2nd November 2002

Understanding why things are the way they are - a chance to hear our own stories and make sense of our shared history.

23rd November 2002

Getting a home of your choice - finding out about housing options, direct payments and individualised support.

14th December 2002

Getting a life - exploring alternatives to traditional day services, finding out about employment options and working out how to spend time the way you want to.

11th January 2003

Insuring for the good life - finding out about wills, trusts, financial control and building a network for when the family members are no longer there.

1st February 2003

Getting connected and staying safe - finding out about ways to increase friendships and develop community membership.

22nd February 2003

Rethinking the Future - planning and preparing for the future by using person centered models to explore possibilities and come up with strategies for change.

COURSE DETAILS

The course will take place in the Hilton Hotel, Glasgow City Centre. The course will start each Saturday at 10.00 am and finish at 5.00 pm. A lunchtime meal will be provided.

The course is free to participants and reasonable travel, support and personal assistance costs will be met. Course materials and books will be provided in a range of formats wherever possible.

WHAT DO I DO IF I AM INTERESTED IN THE COURSE?

Applications for the course will primarily be considered from people in the Glasgow and West of Scotland area, although there are some places for those from elsewhere. Everyone interested in attending the course must complete an application form. Application forms must be returned by no later than Friday 18th October 2002 and can be obtained from and must be returned to:

CATHIE LEITH, COMMON KNOWLEDGE,
KILLEARN CENTRE, 29 SHAKESPEARE
STREET, MARYHILL, GLASGOW, G20 8TH.
TEL 0141 945 8046, FAX 0141 945 8026,
EMAIL INFO@CKGLASGOW.ORG.UK,
WWW.CKGLASGOW.ORG.UK

BOOKING FORM - BULLYING AND HARASSMENT

Please complete and return to Cathie Leith, Common Knowledge, Killearn Centre, 29 Shakespeare Street, Maryhill, Glasgow, G20 8TH

Telephone 0141 276 3641 Fax 0141 276 3626

Name

Job title

Organisation

Address

.....

..... Postcode

Telephone

Fax

Email

The venue is accessible. Please let us know if you require an induction loop or have any other specific requirement such as dietary

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To help us send you appropriate information about future events please tick one or more of the following

- I am someone who relies on services
- I am a parent or family member
- I am someone employed in services

All events are subsidised by the European Social Fund.

BOOKING CONDITIONS 1. Please let us know of cancellations no later than 10 working days before the course. 2. Fees will be refunded if cancellation is notified within the above time limit. You may substitute participants at no extra charge. We agree to abide by the booking conditions outlined above.

WHO IS THIS COURSE FOR?

The course is for support staff or anyone who works with people with learning difficulties.

WHAT DOES THE COURSE COVER?

The course looks at the emotional physical and psychological impact of bullying and harassment, looking at particular issues for people with learning difficulties.

This course looks at effective intervention strategies and is designed to help staff to feel more confident about tackling the issues.

HOW MUCH IS THE COURSE?

The course costs **£20** - either complete the attached booking form and return to Common Knowledge, Killearn Centre, 29 Shakespeare Street, Maryhill, Glasgow, G20 8TH or book online www.ckglasgow.org.uk

WHERE ARE COURSES HELD?

Contact Cathie or Maria on 0141 276 3641 to find out where in Glasgow the course that you are interested in is being held.

COURSE DATE

The dates for the course is 29 May 2003.

For further details about this course contact Elizabeth Walsh at Common Knowledge on 0141 276 3641 or send an email to ewalsh@ckglasgow.org.uk

THIS WORKSHOP IS FOR THOSE WHO SUPPORT
PEOPLE WITH LEARNING DIFFICULTIES

bullying and harassment

THIS COURSE, RUN BY COMMON KNOWLEDGE, PROVIDES AN INTRODUCTION TO THE ISSUES AROUND BULLYING AND HARASSMENT. IT ALSO EXAMINES THE ISSUES AS THEY AFFECT PEOPLE WITH LEARNING DIFFICULTIES AND THEIR FAMILIES AND CARERS.

THE COURSE GIVES PARTICIPANTS A CHANCE TO EXPLORE THEIR OWN ATTITUDES AND TO TRY OUT PRACTICAL TECHNIQUES THAT CAN MAKE A DIFFERENCE.



This information is available in different formats please contact Common Knowledge for details or visit the web site - www.ckglasgow.org.uk

BOOKING FORM - AT A LOSS

Please complete and return to Cathie Leith, Common Knowledge,
Killearn Centre, 29 Shakespeare Street, Maryhill, Glasgow, G20 8TH
Telephone 0141 276 3641 Fax 0141 276 3626

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This two-day workshop is
for those who support people
with learning difficulties.

At a loss

It provides an introduction to the
issues around loss and bereavement.
The course also examines the issues
as they affect people with and
learning difficulties and their families
and carers.

The course gives participants a chance
to explore their own attitudes and to
try out practical techniques that can
make a difference.

Who is this course for?

The course is for support staff or anyone who works with people with learning difficulties.

What does the course cover?

Day 1

The course looks at the emotional physical and psychological impact of loss and bereavement, looking at particular issues for people with learning difficulties.

Day 2

This part of the course provides participants with practical techniques that can help people come to terms with the emotional physical and psychological impact of loss and bereavement.

Please note that participants are expected to attend both days.

How much does the course cost?

The course costs £40 for two days
book online www.ckglasgow.org.uk

Where are courses held?

Contact Cathie or Maria on 0141 276 3641 to find out where the course that you are interested in is being held.

Spring Summer Programme 2003

The dates for the courses are:

19th and 20th of March

15th and 16th of April

19th and 20th of June

This information can be made available in different formats, please contact us for details or visit our website www.ckglasgow.org.uk

For further details about this course contact Elizabeth Walsh on 0141 276 3641 or send an email to ewalsh@ckglasgow.org.uk

At a Loss



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HOW MUCH DOES THE COURSE COST?

The course costs £40 for two days book online www.ckglasgow.org.uk

WHERE ARE COURSES HELD?

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SPRING SUMMER PROGRAMME

The dates for the courses are:
15th and 16th of April 2003
19th and 20th of June 2003

This two-day workshop is for those who support people with learning difficulties.

It provides an introduction to the issues around loss and bereavement. The course also examines the issues as they affect people with and learning difficulties and their families and carers.

The course gives participants a chance to explore their own attitudes and to try out practical techniques that can make a difference.

At a Loss

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WORKING WITH SCHOOLS

The role of health professionals
in supporting equal access
to education

1 DAY SEMINAR

The one day seminar, including lunch, is free to participants as part of the Scottish Executive's Patient Focus Public Involvement Initiative



All health professionals working to support children and young people with disabilities will be aware of the considerable legislative initiatives of recent years, with the impetus towards a more inclusive education system, and the emphasis on integrated children's services.

Implementation of new legislation including the Standards in Scotland's Schools Act 2000, The SEN and Disability Act 2001, and the forthcoming Education Bill, together with policies including For Scotland's Children and the Involving People agenda, will require many health professionals to re-examine how they work with children and their families.

This one day seminar will examine the principles behind the current policies, and will explore practical, innovative ways that health professionals can work effectively with schools, parents and pupils to help ensure high quality inclusive education in schools.

WHO SHOULD ATTEND?

The seminar will be useful to anyone working with children and young people including physiotherapists, speech & language therapists, occupational therapists, paediatricians, community doctors, paediatric nurses, health visitors, GPs, dieticians, wheelchair service technical officers, clinical child psychologists.

The programme will consist of presentations, participative exercises and interactive discussion sessions in which the following topics will be explored:

- **INCLUSIVE EDUCATION**
Examining the principles behind the policies, and outlining the key elements in current legislation.
- **INVOLVING HEALTH**
Examining the complementary roles and contributions of health professionals in education.
- **POSITIVE PARTNERSHIPS**
Understanding how to work effectively with parents and teachers.
- **PRINCIPLES INTO PRACTICE**
Innovative ways of working to include children with disabilities in all aspects of school life.

FURTHER DETAILS

The one day seminar, including lunch, is free to participants as part of the Scottish Executive's Patient Focus Public Involvement Initiative.

The training will be delivered by the Equity Group, a not for profit organisation of disabled adults, parents of disabled children, educational professionals and others working for inclusive education. The Equity Group aims to raise awareness of the importance of inclusion of children with disabilities in mainstream schools, and to provide practical strategies to support pupils, parents and people working with them.

Places are limited and must be booked in advance. Please complete the attached booking form and return it by the closing date.

For further details about this seminar contact dorothy.mcdonald@talk21.com



The Equity Group
Unit 59
Abbey Mill Business
Centre
The Embroidery Mill
Paisley, PA1 1TJ

T. 0141 840 4717

E. laura.equity@btconnect.com

Alex would like you to come along to a meeting
to help plan for his move back to East Lothian



DATE: FRIDAY 7TH SEPTEMBER

VENUE: The Meeting Room, Musselburgh Leisure Centre,
Newbigging, Musselburgh. Tel: 0131 653 6367

• TIME FOR OPTIONAL SWIM - 4.45 p.m.- 5.30 p.m. • TIME FOR BUFFET FOOD - 5.45 p.m.
PLANNING MEETING - 6.30 p.m.- 9.30 p.m.

Telephone 0131 538 7717 to let Vicki Butler know if you can come and plan with Alex

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